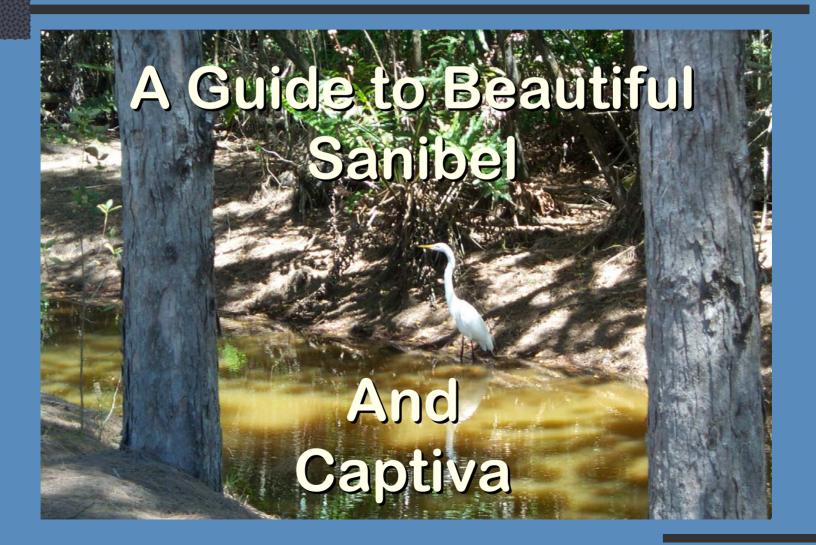


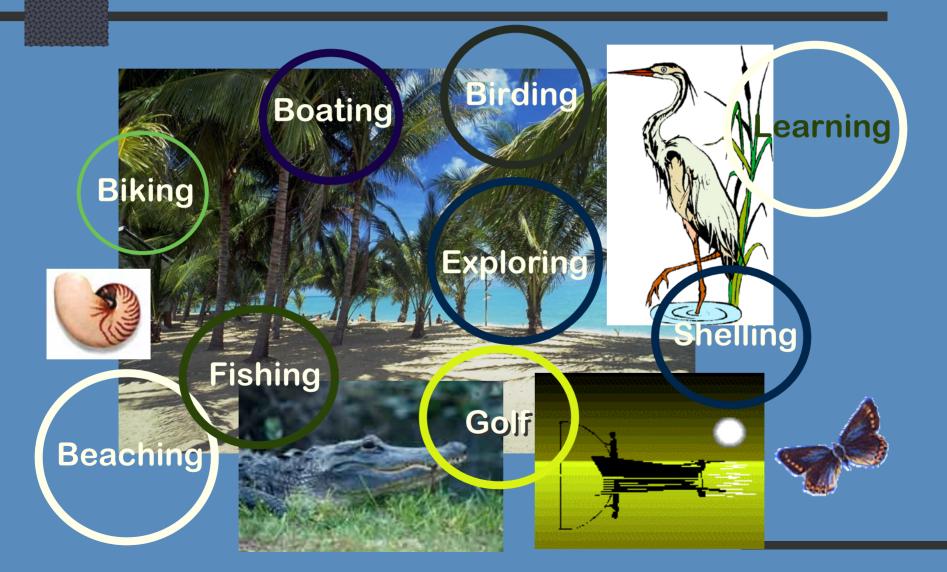
For Gulf Shore Guests







Living Life on Sanibel & Captiva



Bicycling on Sanibel and Captiva is one of the best ways to get around and one of the most popular.

Cyclists on Captiva must share the road with cars, since there are no designated bike paths.

Over 22 miles of bike paths on Sanibel provide a great way to get from beaches to shopping, resorts to restaurants.





Because the islands are relatively flat, bicycling is relaxing and manageable for all ages.

You can bike Wildlife Drive in the Ding Darling National Wildlife Refuge for just \$1.00 admission.

Entrance is on Sanibel-Captiva Rd,west of Rabbit Rd

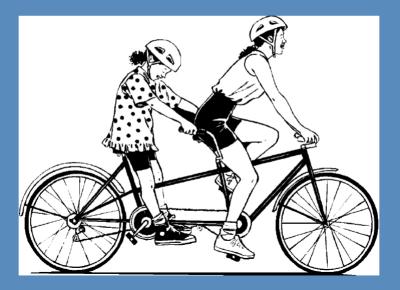




Bicycles can be rented by the day or week from many places on the islands and some will deliver them right to you.



Remember to follow the road rules, and that children under 16 are required to wear a helmet.



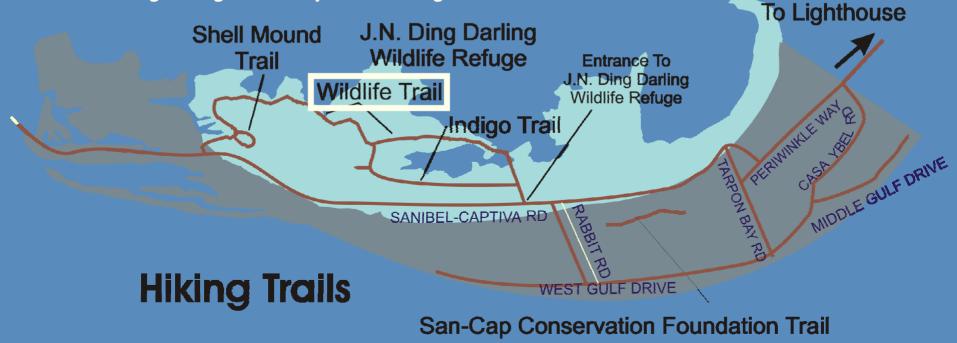
The biking trails of Sanibel serve as well for hiking. And don't forget the miles of beaches and the nature trails as well.



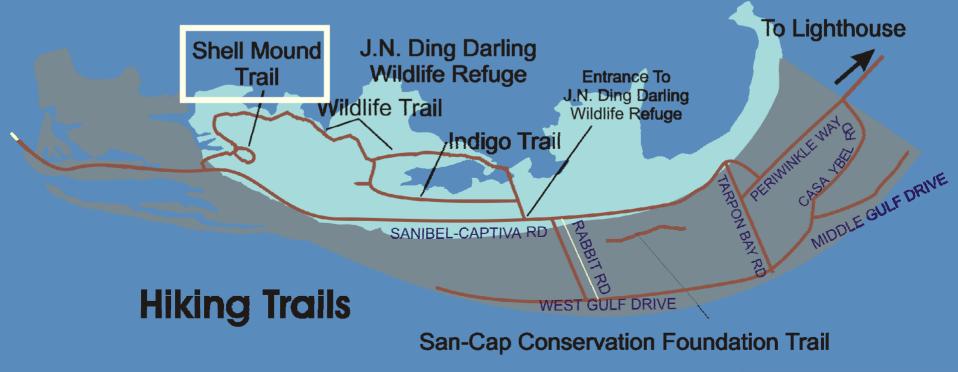
The trails at Ding Darling provide unsurpassed opportunities to view, photograph, and enjoy the richly diverse flora and fauna of Sanibel



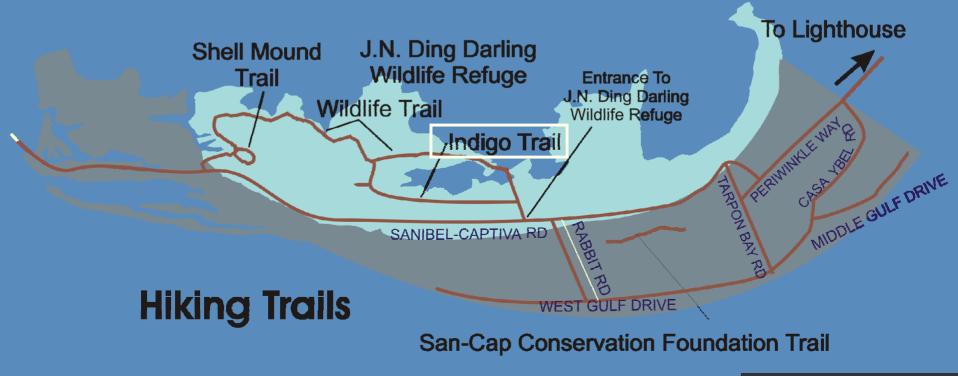
Wildlife Trail - five miles; one-way drive with interpretive signs, observation tower and pavilion. Open to pedestrians and bicyclists sunrise to sunset every day except Friday.



At the far end of Wildlife Drive is the Shell Mound Trail built upon a boardwalk. It takes the visitor into a upland forest and to a Caloosa Indian mound



The Indigo Trail is a flat sandy trail atop an earthen dike which runs from the Center of Education to the cross-dike area, a distance of 2 miles one-way.







Boating –Power, Sail, Oar, Paddle

on the Waters of Sanibel & Captiva

Sanibel and Captiva are a boater's paradise. From the Gulf of Mexico, to the

Caloosahatchee River, to San Carlos Bay and Tarpon Bay, the waters here provide for every

type of boating.

Tarpon Bay has been called one of the top 10 paddling places in the U.S. by Canoe & Kayak magazine. Several Sanibel and **Captiva businesses** rent canoes and kayaks, as do some of the resorts.



Tarpon Bay

Try this peaceful, non-intrusive way of getting close to the wildlife here. Paddle around the bay, among the keys and islets and observe birds, fish, tree snails and crabs among the mangroves and catch a glimpse of Indian shell mounds.



Or venture out to the Gulf for a different perspective of the islands.

Whether you enjoy power cruising, or like to sail; crave the rough and tumble of waverunners or windsurfers or prefer easyon-the-environment kayaking or canoeing you will find it here.

Island hopping is a favorite pastime , where you can combine a day at sea with fishing and shelling.



Sanibel Causeway is a favorite spot for windsurfing, where on a windy weekend dozens of colorful sails can be seen.

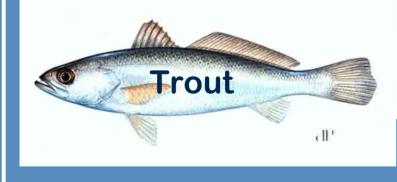


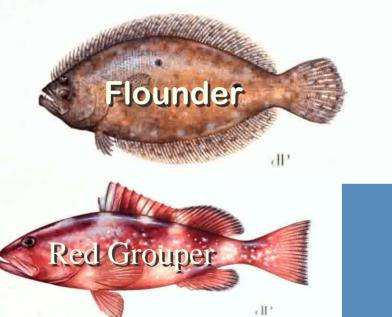
Boat rental services abound. You can rent a boat for a day on your own, take a sightseeing cruise on a comfortable yacht, or go along for an adventurous guided tour in a waverunner or canoe.



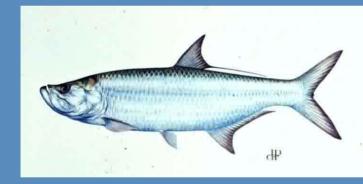
Fish are







Everywhere



Sanibel and Captiva Islands offer a large variety of fishing, from sea trout during the winter to huge tarpon in the summer. From the fishing pier on the east end of Sanibel you can catch snook, trout redfish, **Spanish mackerel and** sheepshead.



Fishing from the bay beaches and cause-way islands yield trout, snook, shark, flounder and blue crabs.From gulf beaches you can catch pompano, whiting, shark and trout, and snook in the warmer weather.

Ding Darling National Wildlife Sanctuary offers backwater fishing in the mangroves and you can also fish from the road. In the bay, deep holes, channels and grass flats provide habitats for tarpon, cobia, shark, tripletail, trout and ladyfish..

Mangrove fringes yield snook and redfish. Only a few miles out from the beaches of Captiva **Island you can find** snapper and grouper and barracuda.





The Florida Game and Fresh Water Fish Commission http://www.state.fl.us/gfc/fishing/ can provide further information.

All non-residents over the age of 16 must have a saltwater fishing license. Florida residents ages 16 to 65 need a saltwater license when fishing from a boat.

Shelling on Sanibel

Shelling on Sanibel

Welcome to the Shelling **Capital of the Western** Hemisphere. Shelling is such a part of the serene experience of our beaches that many of the streets on the island are named for sea shells **Periwinkle Way, Donax** Street, Clam Bayou.



Shelling on Sanibel

Because of the east/west orientation of the island and absence of offshore reefs, you'll find shoals of washed up shells along the shore each day.



From cockle shells as small as a baby's fingernail to whelks the size of footballs, in reds, yellows, gray, pink and white, the variety is amazing and fascinating.



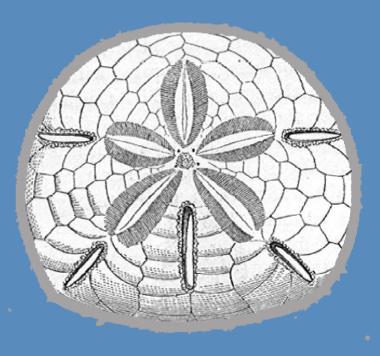
Spend just a little time on the beach and you will be irresistibly drawn to the edge of the water to join others doing the Sanibel Stoop.





The best times to go shelling are at low tide or after a storm. Or, you can charter a shelling guide to show you some untrammeled shelling areas, like *Cayo Costa*.

Live shelling is prohibited on Sanibel, so if you find a creature inside, or see moving spines on the bottom of a sand dollar, put the shell back in the water



Bailey-Matthews Shell Museum



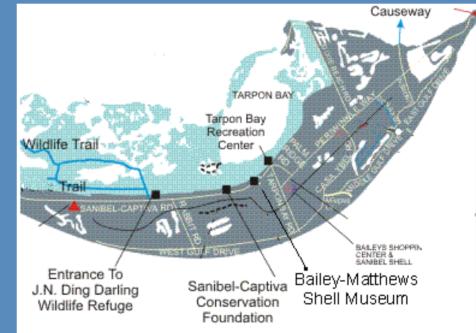
To be truly amazed at the variety of shells in the world, visit the Bailey-Matthews Shell Museum on Sanibel. This museum is the only one of its kind in the U.S.



Two million shells are artistically displayed to show the role of shells in ecology, history, art, economics, medicine, religion.

And, the new Children's Science Lab offers hands-on learning.

The Museum is located at 3075 Sanibel-Captiva Rd. on Sanibel Island Phone: 941-395-2233 Open 10-4, Tues.-Sun. **Admission: \$3** children 8-17 \$5 --17 and over.





Some say Sanibel Island is one of the three best sites in Florida for observing water birds. Sanibel's geography as well as the extensive wildlife preserve provide a stopover and destination for all kinds of migrating birds.

shorebirds like sanderlings, sand pipers and plovers work the water's edge for food.



Several kinds of habitat attract many species. Hovering over the beaches you'll see brown pelicans and ospreys diving for fish.

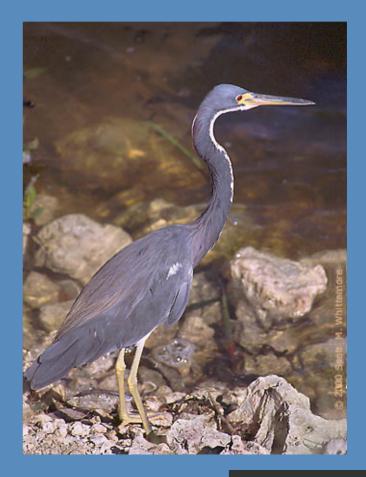








The premier areas for birding is the J.N. "Ding" Darling National Wildlife Refuge and the Bailey tract where 247 species of birds have been sighted on a regular basis.





Hope You Enjoyed These Sanibel Scenes

